

CONVOY OF HOPE®

WOMEN'S EMPOWERMENT



Convoy of Hope's International Program's focus is to eliminate hunger by providing healthy, nourishing meals to children. We locate the root causes of undernourishment in the child by addressing the mother's health, diet, income, education and societal status: areas that have a direct impact on her children's well-being.

There are currently three WE projects:

Micro+, Mother's Clubs and Empowered Girls.

convoyofhope.org/we

Micro+

Since 2010, thousands of women from six countries have participated in Convoy of Hope's Micro+ project. This economic empowerment project provides materials, training and small grants for startup businesses to women living in extreme poverty.

Participants attend 15 trainings focused on health, nutrition and life skills, like finance management. For six months following the startup of a graduate's business, our staff and church-based volunteers visit her weekly to provide personal counseling and ongoing business support.

Mother's Clubs

Mother's Clubs began in 2011 to provide women with limited socioeconomic means — specifically those with young children — with health education, nutrition, sanitation and hygiene, childcare, gardening and financial skills. Groceries are sent home with the mothers who attend, and nutrition levels for children under 5 are monitored. Hundreds of women have received training.

Empowered Girls

Targets girls, 13-18 years old, who live in impoverished communities and are considered at-risk. Convoy of Hope facilitates weekly after-school meetings, where the girls learn about general health, nutrition, hygiene, emotional health, harmful cultural practices and other relevant topics. The intent of the program is to help girls finish secondary school, delay marriage, pursue job opportunities and make decisions to benefit their future families. In addition to meetings, Empowered Girls learn and promote their value in society through the creative arts.

CONVOY:Women